

# DUBLIN SCHOOLS

## DUBLIN UNIFIED SCHOOL DISTRICT

### ASTHMA ACTION PLAN & CONSENT FORM

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ DOB \_\_\_\_\_

SCHOOL \_\_\_\_\_ GRADE \_\_\_\_\_ SCHOOL YEAR \_\_\_\_\_

**TO BE COMPLETED BY PHYSICIAN**

PAGE 1 OF 2

\*\*\*PLEASE PROVIDE EXACT DOSE, DOSE RANGES NOT ACCEPTED\*\*\*

QUICK RELIEF MEDICATION \_\_\_\_\_ [ ] GENERIC OK  
DOSE \_\_\_\_\_ TIME \_\_\_\_\_ [ ] USE WITH SPACER

FOR **AS NEEDED** CHECK OFF SYMPTOMS BELOW, GIVE INHALER AS DIRECTED ABOVE

[ ] NOISY BREATHING [ ] COUGHING [ ] SHORTNESS OF BREATH [ ] CHEST TIGHTNESS  
[ ] DIFFICULTY BREATHING [ ] OTHER \_\_\_\_\_  
[ ] MAY REPEAT DOSE FOR ABOVE SYMPTOMS EVERY \_\_\_\_\_ HOURS

#### STRENUOUS ACTIVITY/ P.E.

[ ] USE QUICK RELIEF MEDICATION AS DIRECTED ABOVE \_\_\_\_\_ MINUTES BEFORE P.E. OR  
STRENOUS ACTIVITY

#### OTHER INSTRUCTIONS/ INFORMATION

TARGET PEAK FLOW \_\_\_\_\_ [ ] CHECK BEFORE MEDICATION  
ASTHMA TRIGGERS \_\_\_\_\_  
OTHER MEDICATIONS AT SCHOOL \_\_\_\_\_ [ ] GENERIC OK  
DOSE \_\_\_\_\_ ROUTE \_\_\_\_\_ TIME \_\_\_\_\_  
OTHER INSTRUCTIONS \_\_\_\_\_  
SIDE EFFECTS: \_\_\_\_\_

#### MEDICATIONS USED AT HOME

MEDICATION \_\_\_\_\_ DOSE \_\_\_\_\_ TIME \_\_\_\_\_ ROUTE \_\_\_\_\_  
MEDICATION \_\_\_\_\_ DOSE \_\_\_\_\_ TIME \_\_\_\_\_ ROUTE \_\_\_\_\_

STAMP

PHYSICIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

# ASTHMA ACTION PLAN & CONSENT FORM

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

**TO BE COMPLETED BY PARENT / GUARDIAN**

Page 2 of 2

HOSPITAL \_\_\_\_\_ [ ] TAKE TO NEAREST HOSPITAL  
PHYSICIAN NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
SPECIALIST NAME \_\_\_\_\_ PHONE \_\_\_\_\_

## EMERGENCY CONTACTS

1.) NAME \_\_\_\_\_ RELATION \_\_\_\_\_  
HOME# \_\_\_\_\_ CELL# \_\_\_\_\_ WORK# \_\_\_\_\_

2.) NAME \_\_\_\_\_ RELATION \_\_\_\_\_  
HOME# \_\_\_\_\_ CELL# \_\_\_\_\_ WORK# \_\_\_\_\_

3.) NAME \_\_\_\_\_ RELATION \_\_\_\_\_  
HOME# \_\_\_\_\_ CELL# \_\_\_\_\_ WORK# \_\_\_\_\_

## AUTHORIZATION & CONSENT

- I authorize school personnel to assist with the above medication for my child according to physician instruction. I understand that trained, non-medical personnel may assist with this medication (Ed Code Sec 49423 and 49480) and may contact physician for clarification purposes.
- This form must be renewed whenever the prescription changes and at the beginning of each school year.
- I understand that it is my responsibility to bring medication to Health Office in pharmacy labeled container and that medications must not be expired. I understand that it is my responsibility to provide the necessary supplies and equipment (including a copy of operating instructions.) Medications and supplies must have student's name clearly marked.
- While the school will make every effort to cooperate, the student must assume responsibility for coming to the Health Office for medication.
- I request that my child have above prescribed medications on field trips or in case of disaster, according to physician instruction. All over the counter medications must be included in prescription.
- I understand that by signing below I agree to release from liability the district, its officers, employees and agents for any loss, damage, injury or liability of any kind to any person caused or arising from the acts, omissions or negligence of the district, its officers, employees and agents related to the assistance of medication to my child.
- I give consent for the District Nurse/School Personnel to communicate with authorized healthcare provider when necessary.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_